

CIGNA Healthcare Healthy Babies



The CIGNA Healthcare Healthy Babies program gives mother-to-be the information and support they need to make the best choices for mom and baby.

When you enroll in Healthy Babies you'll get valuable educational materials including:

- Guidelines for a healthy pregnancy and baby.
- Information on health issues that can impact pregnant women and their babies, including stress, depression, and gum disease.
- A guide to pregnancy-related topics available through the CIGNA HealthCare 24-Hour Health Information Line.
- A list of informative online and telephone resources.
- Information on prenatal care from the March of Dimes – a recognized source of information on pregnancy and babies.
- In addition, you'll have round the clock access to a toll-free information line staffed by registered nurses. You may also be eligible for support from a registered nurse case manager if you or your baby has special health care needs.
- To enroll, just call the toll-free number on your CIGNA HealthCare ID card, anytime during your pregnancy.